Leintwardine Endowed CE Primary School Learning Journey Key

'Letting Our Light Shine'

SUBJECT : PSHE	YEAR : B	TERM : Spring 2	YEAR GROUPS : 3/4

Key Question: What is safety first?

Question	Vocabulary to Use	Information which will help me	Can I….?
How can I be responsible?	independent, responsible, decisions, choices, safe, healthy, consequences, instructions, rules, advice, help, risk, danger, hazard, safe, choices, decisions, rules, responsible, consequences, outcome, peer pressure, choices, dare, decisions, family, friends, media, comfortable, uncomfortable, right, wrong, feelings, dangerous, drugs, medication, medicine, pill, vaccine, inhaler, insulin, injection, alcohol, cigarettes, e-cigarettes, lungs, body, physical, health, wellbeing, impact, affect, unsafe, hazard, danger, harm, hurt, casualty, injury, emergency, first aid, 999, paramedic, ambulance, cut, graze, burn, scald, choking, shock.	A lot of people think of the word 'drug' as always being a bad thing. However, not all drugs are harmful if taken appropriately. Some drugs can actually help our health and wellbeing. An emergency situation often involves a casualty (an injured or ill person). The definition of a drug is 'a substance that causes a physiological change on the body when it enters the body'. **Remember - always try to:** ● keep yourself and the casualty safe; ● stop anyone from getting any further injuries; ● treat injuries quickly and safely; ● seek help from the emergency services if needed. In an emergency, you would need to get specialist help. For example, from a paramedic, a police officer or a firefighter. **Risk:** a situation involving exposure to danger. **Hazard:** a potential source of danger. **Danger:** the possibility of suffering harm or injury. Some emergency situations involve injuries or illnesses that cannot be dealt with safely without the help of the emergency services. All drugs can be dangerous if they are taken incorrectly. People must never have someone else's medication if a doctor hasn't prescribed it for them. Some responsibilities might seem challenging at first but with experience and maturity, we get more confident and can look after ourselves and others.	• identify and discuss some school rules for staying safe and healthy? • list some of the dangers we face when we are using roads, water or railways? • describe drugs, cigarettes and alcohol in basic terms? • identify some common injuries and know they can be treated with first aid? • recognise hazards and dangers in an emergency situation? • state 999 as the number to call to seek help in an emergency?
How can I predict, assess and manage risks, hazard and danger?			
How can I react to being under pressure?			
How do I stay safe when I am out and about?			
What are dangerous substances?			
What is first aid?			