

EXPLORING PHYSICAL EDUCATION in the EYFS

How do we provide a foundation of physical educational skills and knowledge in the EYFS?

The Early Learning Goals (linked to Physical Development)	Specific learning to Leintwardine Endowed CE School	How might this look like in our Early Years provision?
<p>Children at the expected level of development will:</p> <p>Physical Development (Gross Motor Skills):</p> <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others. • Demonstrate strength, balance and coordination when playing. • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. 	<ul style="list-style-type: none"> • Specialist PE teachers throughout the year (Gymnastics, Tennis, Swimming). • After school sports clubs (Gymnastics, Yoga, Tennis) • Twice-weekly PE sessions. • Real PE and Real Dance scheme. • A large outdoor area to run and play in both tarmacked and grassed. • A climbing area for children to access at playtimes. • An all-weather outdoor area. • An all-weather running track. • Visits to the local park and playground. • Year 5 and 6 children (sports leaders) running sports activities during whole school sessions and lunchtimes. • Active boxes available for children to access during playtimes. 	<ul style="list-style-type: none"> • Playing with hoops, frisbees, skipping ropes, bats and balls. • Gymnastic sessions, including using beams, benches and ladders. • Dance, music and movement sessions. • Games of tennis, tag rugby and other ball skills. • Obstacle courses • Real PE and Real Dance scheme. • Balancing and climbing in school Jubilee Field. • Playing with large building/ construction in the outdoor area. • Co-ordination games including: skittles, bat and ball, throwing and catching. • Participating in Sports Day. • School sports events run by groups of children or staff. • Inter-house competitions. • Opportunities to try a variety of sports during lunchtimes and after school clubs including athletics, rounders, cricket, football, rugby, etc. • Swimming sessions at the local swimming pool.